

“Run and Widen Your World”

Practical Info

Youth Exchange



**Black Sea Region-Turkey
28 July-6 August 2019**

FuturEurope

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Practical Information:

Project Description:

"Run and Widen Your World" youth exchange project purposes to teach basic rules of Orienteering with hands-on training, to create awareness about Orienteering, how to have a healthy life via doing sports to all participants and the young local people. After the hands-on-training about Orienteering, there will be 2 main Orienteering activity including public, one in city center, one in historical places. On the other hand, we will have some social activities during the activity days. These are one separate cultural night for each country, swimming in the beautiful Black Sea and resting, historical places visit, Scavenger Hunt game in city center, barbeque night and Erasmus+ info session.

Participating Countries:

There are 5 participating organizations from:
Slovenia, Spain, Poland, Lithuania and Turkey.

The Group size: **5 participants** (ages between 17 and 27) + **1 leader** (ages between 20-35)
**16 or 27-30 is also accepted for few participants. Please contact Turkish team for more info.*

Financial Conditions:

The Youth Exchange is scheduled for 28 July–6 August 2019 and will be **hosted in Beşikdüzü, Turkey.**

Financial support is from the Turkish National Agency, under the European Commission's "Erasmus+"-programme granting scheme. All costs will be covered, except for **excessive budget of the international travel** and **30 Euro contribution**. This contribution is going to be used for 2 full day cultural trips to different cities and for the benefit of project and will be paid in cash during the exchange.

You can already book the tickets after approval of Turkish team.

Travel Timing:

Arrival Time: *Whole day 28th July 2019 (Sunday)

**We would like to see you for dinner. We will have a welcome evening activity after dinner to break the initial ice.*

Departure Time: *Before 12:00 am 6th August 2019 (Tuesday)

**This departure time is the time to leave from accommodation. Flight time can be anytime during the day.*

Additional Stay:

You are very welcome to come earlier or leave later to see **Istanbul, Cappadocia, Pamukkale or Antalya** and have some more Turkey experiences. You can come **earlier or leave later within 1 week**. For more information, contact the coordinator.

Visa:

No Visa is required for **Slovenia and Lithuania**. For **Poland and Spain** we will have ***17 Euro** budget, per person for visa.

**Online visa is 20\$. Airport visa is 30\$. In any case, you will have maximum 17 Euro.*

Online visa takes only 3 minutes. Here you go with **Web Site: <https://www.evisa.gov.tr>*

Participants from **Slovenia, Poland and Lithuania** will need to have **only international passports**. Participants from **Spain** can enter Turkey with their **ID cards or passports**. If you enter with your ID card, you must keep the card that is given and stamped by Turkish police on border.

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!Please, check the **VALIDITY of the passports before the departure – Passport must be valid at least for 6 (six) months.**

Local Transportation and Transportation:

Firstly, you should buy your tickets **from your country to Ordu airport**. In Ordu Airport, we will organize private buses. The bus collects you from the airport and takes you to our project place.

**PS: To exchange EURO or withdraw Turkish Lira by using your account, you can use ATMs.*

Or else sometimes it is a good idea to visit Istanbul, and book tickets separately, **from your country to Istanbul airport**. Then **from Istanbul to Ordu airport**.

**PS: We will talk about Airport-Project place or Bus Station-Project Place transportation before the project starts. There will be private buses.*

Venue:

Shokkin' Home is in Denizli Village, 5 minutes by public mini-bus to the center of Beşikdüzü district. Beach is only in 10 minutes walking distance.

Google Maps Link: <https://goo.gl/maps/HLMra6h6Rtn>

For more info, you can check our FB page: www.facebook.com/FuturEurope

Weather & Clothes:

We recommend you to bring with you, clothes which you consider as the most comfortable for you, for the temperature from **(25° to 30°)**. Take also Sport Shoes and Sportswear that can be used for (dance, theatre and outdoor activities). Also, don't forget PARTY Nights including cultural nights, face painting party, pajamas party, fire on the beach, Surprise Day and so on. Also, swimming suits will be great for your free times as the beach is really close to **Shokkin' Home**.

**PS: Take a jacket/hoodie for the nights. We will have shisha/nargile sessions (don't worry we have 10 set of shishas) outside with sea view. We have huge balconies to hang out as well.*

Accommodation and Food:

Shokkin' Home. It is a youth center with 4 floors. 1st floor is used as kitchen and dining room, 2nd, 3rd and 4th floors have the rooms with private bathrooms for 2,4,5 and 6 people. Training and party room is separated from the accommodation and just next to it. In principle 2,4,5 or 6 participants of the same sex and different nationalities will share one room. Shokkin' Home will **NOT** provide us towels.

Organizers will provide participants with three meals per day.

During trips, we will have picnic lunch packages including a sandwich, drink, fruit and chocolate.

We strongly recommend each participant to inform the ORGANIZERS about any special needs such as dietary, vegetarian or any other kind of special need!!!

Security Advice:

! The organizers will not provide you with Insurance!

It is ***mandatory** for **each participant to obtain travel health insurance – at own expense** - for whole duration of **Youth Exchange 28 July – 6 August 2019**.

**PS: We as Turkish team, strongly recommend you have health insurance for any health issues according to our experiences. It is only few Euros and sometimes saves Thousands.*

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Project Agreement/Contract:

! Each participant needs to read the **project agreement** between participant, hosting and sending organization and send a signed copy of it to the hosting organization via her/his sending organization until the date which will be determined and announced later. This contract will save the rights of each participant and hosting organization related to youth exchange and will include all the basic information. If you read this info pack, you can ask your sending organization for project agreement too. It is already sent by hosting team to all partners.

Money:

The Currency in Turkey is Turkish Lira. 1 Euro = 6,00 Turkish Lira
1 Beer = 1,5 – 2,0 Euro (In Market)
1 Coca Cola = 50 Cents
50 ml Water = 20 Cents
Public Transportation=1 Euro (Shokkin' Home to Beşikdüzü)

Internet Access:

There will be a Wi-Fi Internet available in the Venue.

Preparation:

- Each Group is asked to prepare a short oral and visual presentation of their organization.
- Each Group will have some responsibility related to topic and manage some sessions so that will prepare session related activities before the project.
- Each Group is asked to prepare cultural presentations for their own cultural night.
- Each Group is welcome to bring national drinks and snacks for their own intercultural evening. (Each country will have a whole night to represent their country. Be aware that, you cannot use kitchen to cook something, but we will provide you refrigerator to put your cultural night staff if needed.)

Rules:

You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops won't be permitted. We would appreciate energetic and active participation.

Smoking and drinking alcohol is **STRICTLY** prohibited inside of the buildings including rooms, bathrooms and balconies, so all smokers should leave the building in case you want to smoke a cigarette. You can use party room to drink or else can drink outside as well.

All other rules will be written in Youth Exchange contract between participants and host organization. All participants must read and accept the rules. Signed contracts will be sent by sending organization to hosting team.

Some Basic Words:

- Hi/Hello=Merhaba,
- Good Morning=Günaydın,
- How re you?=Nasılsın?, I am good, you?=İyiyim, sen?
- How much?=Ne kadar?
- Very beautiful=Çok güzel.
- Thanks=Teşekkürler, Thank you=Teşekkür ederim.

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Contacts:

If you need any other additional information please contact:

Gizem Özöztürk - www.facebook.com/gizem.ozozturk (Project Leader)

Fatih Barutçu – www.facebook.com/fatih (Project Leader)

Social Media Accounts:

If you would like to see what we did before, you can visit our social media accounts on Facebook, Instagram, Twitter, YouTube and web site.

Facebook: www.facebook.com/FuturEurope

Facebook: www.facebook.com/ShokkinGroupTurkey

Instagram: <https://www.instagram.com/FuturEurope>

Twitter: <https://twitter.com/FuturEuropeNGO>

YouTube: <https://www.youtube.com/FuturEurope>

Website: www.FuturEurope.org

For Project Related E-mails: youthexchange@futureurope.org

FB Group of This Project: <https://www.facebook.com/groups/runandwidenyourworld>

**If you are selected, please join our FB group for this project.*

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List of Partner Countries:

Country	Number of Participants
(Turkey)	10
(Lithuania)	6
(Poland)	6
(Spain)	6
(Slovenia)	6

Travel Budget Limits:

Please note: the reimbursement will be done according to invoices and if only all the invoices, tickets and boarding cards are represented during the project.

Country	Number of Participants	Max Travel Cost Per Person (100%)	Cash Reimbursement*
Lithuania,Poland,Slovenia	6	275 Euro	193 Euro*
Spain	6	360 Euro	252 Euro*

-If your ticket prices are up to **Max Cash Reimbursement***, you will have all your reimbursements **cash** during the project according to real costs. If it is more than **Max Cash Reimbursement***, you will be reimbursed through bank transfer after the final reports results.

-Before you book the tickets, it is **obligatory** to inform responsible person from Turkish team. Tickets only can be booked after approval of the responsible person. You can also ask for recommendations to staff.

This Project is "Funded by the Erasmus+ Program of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein"

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